

## Some Reading Material Books Available in DLR Libraries

### Philosophical/ Personhood

#### **Dementia Reconsidered - the Person comes first (Kitwood - 1997)**

...this book is a landmark in dementia care; it brings together, and elaborates on, Kitwood's theory of dementia and of person-centred care in an accessible fashion, that will make this an essential source for all working and researching in the field of dementia care.....

#### **I'm still Here (John Zeisel - 2009)**

.....a revolutionary new approach to Alzheimer's care, focusing on a patient's strengths to maintain connections with others and the world.....

### Practical Supports

#### **Hearing the person with Dementia - Person-Centred Approaches to Communication for Families and Caregivers (McCarthy - 2011)**

...this book explains what happens to communication as dementia progresses, how this may affect an individual's memory, language and senses, and how carers might need to adapt their approach as a result.....

#### **Is the Cooker turned off? Caring for an Older Person with Failing Memory (Woolf - 2003)**

...the shared experience of a carer's professional knowledge of physiological, psychological and practical expertise.....

#### **Contented Dementia (Oliver James – 2009)**

... describes the SPECAL method (Specialized Early Care for Alzheimer's) which creates links between past memories and the routine activities of daily life in the present.....

#### **And Still the Music Plays (Stokes, Graham - 2008)**

... a collection of stories of people with dementia to bring us all a greater understanding of the condition and of why some behave in the way they do.....

#### **The Simplicity of Dementia – guide for family and carers (Buijssen,Huub – 2005)**

...This book offers an accessible and sympathetic introduction for relatives, carers and professionals looking after or training to work with people with dementia....

### Perspective of the Person with Dementia

#### **Dancing with Dementia (Bryden - 2005)**

.... A personal story of living positively with dementia.....

#### **Still Alice (Genova - 2009)**

....a fictional novel about a 50-year-old woman's sudden descent into early onset Alzheimer's disease...

### Perspective of Carer

#### **Learning to speak Alzheimers (Coste - 2004)**

.. offers hundreds of practical tips, including how to cope with the diagnosis and adjust to the disease's progression..